

AFTER THE PREFIX

C-a	Jump to the last active window
Escape	Enter copy mode
p	Paste buffer
r	Reload ~/.tmux.conf
C-l	Send a literal Ctrl+L (clear screen) to the pane
=	Split pane horizontally (keeps current path)
-	Split pane vertically (keeps current path)
M	Mouse mode ON
m	Mouse mode OFF
u	Capture pane and pick a URL to open (urlview popup window)
C-f	Popup fuzzy file picker (pick-files)
C-t	Popup terminal in the current pane's path

DEFAULTS WORTH REMEMBERING

c	New window (tab)
1-9	Go to window #
!	Promote pane to window
,	Rename window
w	List windows
f	Find window
&	Kill window
\$	Rename session
d	Detach
z	Zoom pane

PAIN-CONTROL — PANES

I	Split horizontally
-	Split vertically
h j k l	Select pane ← ↓ ↑ →
H J K L	Resize pane ← ↓ ↑ →
< >	Swap window left / right

SESSIONIST / SESSIONX

g	Switch session by name
C	Create named session
X	Kill session, stay attached
S	Last session
@	Promote pane to session
o	sessionx picker (zoxide)

COPY & SEARCH PLUGINS

/	copycat: regex search
n N	copycat: next / prev match
y	yank: copy to clipboard
Tab	extrakto: fuzzy pick text
Space	thumbs: hint-copy text
o	open selection (copy mode)
Ctrl+o	open selection in \$EDITOR

RESURRECT / LOGGING / TPM

Ctrl+s	Save session layout
Ctrl+r	Restore session layout
P	Start/stop logging
Alt+p	Log visible screen
I	Install plugins
U	Update plugins
F	tmux-fzf menu

NO PREFIX (ROOT TABLE)

F12	Toggle OFF mode for nested/remote tmux — all keys (incl. the prefix) pass through to the pane; status bar turns red
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COPY MODE (VI KEYS)

v	Begin selection (vi-style)
C-v	Toggle rectangle (block) selection
y	Copy selection and leave copy mode

OFF MODE

F12	Leave OFF mode (restore the local prefix)
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